



Digestive Health
Associates & Center of Reno

2-DAY BOWEL PREPARATION

2 days prior to procedure:

Full liquid diet (anything you can drink through a straw)

12:00 PM drink 30mL (or 4tablespoons) of milk of magnesia or
magnesium citrate
(purchase this over the counter)

1 day prior to procedure:

Clear liquid diet* only

Follow preparation instructions (see specific prep packet)

Please call our office during regular business hours with any questions. (775) 829-8855

Procedure Location:
5250 Kietzke Lane
Reno, NV 89511

*Clear liquid diet, frequently asked questions, procedure tips and more can
be found at www.digestivehealthreno.com